

# VIA Survey of Character Strengths

## Step 1: Register on the VIA Institute on Character website.

- Go to <http://www.viacharacter.org/Survey/Account/Register> and register by entering a first name, last name, email, a password, confirm the password, a gender, date of birth, and selecting which survey you would like to take (adult or youth). **You may provide false information.** Uncheck the first box, indicating that you would not like to be contacted via email. Then, check the second box, indicating that you agree to the Terms & Conditions. Then, click Register. There is no cost.

Make sure this box IS NOT checked if you are providing false information. →

Make sure this box IS checked. →

REGISTER to get started.

English

First Name Last Name

Email

Password Confirm Password

Gender  
 Male  Female  
 Other

Date of Birth  
Month Year

I want to take  
 VIA Survey (Adult)  VIA Survey (Youth - Ages 10-17)  
[More information >](#) [More information >](#)

I would like to receive the VIA newsletter with tips, stories and practices on applying character strengths to help me flourish in my life and work! We do not share our email lists. [See our Privacy Policy.](#)

I have read and understand the [Terms & Conditions](#) of this agreement and understand that some of the questions in the survey may refer to sensitive data.

REGISTER

## Step 2: Choose to take the VIA Survey for Adults.

- Choose the button next to “I want to take the VIA Survey (Adult).” Then, press Take Survey.

Choose the Adult Survey. →

Click here to take survey. →

Select a Survey

I want to take the VIA Survey (Adult) [More Info](#)

I want to take the VIA Survey for Youth [More Info](#)

Take Survey

# VIA Survey of Character Strengths

(continued)

## Step 3: Complete the VIA Survey of Character Strengths.

- Follow the instructions at the top of the screen. Make sure you answer every question. Once you click the forward button to access the next 15 questions you will not be able to go back to previous questions. There are a total of 120 questions.

## Step 4: Enter Demographic Data.

- After you complete the questionnaire, enter a Zip/Postal Code, Country, Education Level, and an Occupation. **You may provide false information.** Leave the rest blank (Annual Income, Marital Status, Reason for taking survey, etc.). Do not check any boxes. Then, press Complete Survey.

Leave these sections blank, and uncheck the box.

Enter information for these sections.

Leave these sections blank.

Then, click here.

We know you're excited to see your results, but we'd like to learn just a little more about you. This information will be kept confidential and is optional. Thank you!

Tell us a bit more about yourself

Are you participating in a research study? If so please enter the Research Code below and give your consent to have your information and results shared with the researcher.

Research Study Code  Participant ID

I give my consent to have my information and results shared with the researcher.

Zip/postal code  ---- Select a Country ----

Education level (select)  Marital status (select)

How did you hear about the VIA Survey (select)  Household Income (select)

Occupation (select)  Ethnicity (select)

Why did you take this survey?

Check all that apply

I'm interested in using my strengths to improve aspects of my life.  
 I'm interested in working with others on how to use their strengths.  
 I'm taking part in a research study  
 The survey was assigned by teacher/ professor  
 The Survey was assigned by consultant/manager  
 Other

I'd like to receive emails from VIA's partners about character strengths products and services

[Complete Survey](#)

## Step 5: View Your Character Strengths Profile.

- Click the blue font that says "Download Your Free Character Strengths Profile."
- You do not need to purchase the expanded report.**

[Purchase Your Full Report](#)

[Download Free Character Strengths Profile](#)

Click to view all 24 Character Strengths.